



Archivio PromoTurismoFVG - Pentaphoto

## THE SUNNY PENINSULA IN THE MEDITERRANEAN SEA

self-guided tour  
8 days / 7 nights



## DESCRIPTION

Starting point for this hiking tour is Trieste, the former Habsburg seaport seated at the foothills of the Karst. During the Roman Empire, Trieste became a busy and rich port. After a few kilometres, you leave Italy and hike to Slovenia and Istria. This sunny peninsula in the Mediterranean Sea is characterised by little picturesque fisher villages, small towns on the Karst hills, vineyards and valleys. Let yourself be surprised by the charms of a landscape rich in contrasts and the various colours of Istria.

## CHARACTERISTICS OF THE ROUTE

The hiking tour through Istria runs slightly hilly. The tour is suitable for children over 14 years.

We suggest this tour as a follow-up tour of our hiking tour "Alpe Adria Trail" - from Cividale to Trieste.

## **A DAY BY DAY ACCOUNT OF THE ROUTE**

### **DAY 1: Arrival in Trieste**

Individual arrival at the first hotel in Trieste.

### **DAY 2: Trieste – Val Rosandra – Muggia; (ascent approx. 325 m, descent approx. 475 m / approx. 5 hours)**

Today's hiking day takes you along the old railway track through the Valley Rosandra to Socerb. This little town is known for its castle Strmec with a picturesque view over the peninsula Istria, Trieste and the coast towns of the Adriatic Sea. You continue walking slightly downhill to Muggia, where you will spend your night.

### **DAY 3: Muggia – Koper; (ascent approx. 350 m, descent approx. 350 m / approx. 5 - 6 hours)**

Only after a few kilometres you take farewell to Italy and you will arrive in Slovenia. Koper or Capodistria, the only seaport in Slovenia welcomes you. Enjoy your time in the pedestrian area of the historic part of Koper with its magnificent buildings.

### **DAY 4: Koper – Piran; (ascent approx. 225 m, descent approx. 225 m / approx. 5 hours)**

Hiking along the sea you will leave Koper, pass the ancient fisher town Izola and walk to Piran, where you will spend your night. Piran, birth place of the Italian violinist and composer Giuseppe Tartini, is influenced heavily from Venetian influences. Stroll through the alleys with its Venetian palaces or enjoy the atmosphere on Piazza Tartini in the centre of Piran.

### **DAY 5: Piran – Buje; (ascent approx. 150 m, descent approx. 50 m / approx. 5 - 6 hours)**

You pass the salt gardens of Sečovlje, where they produce sea salt on huge areas through natural evaporation, and you hike over the border to Croatia. You walk through the Croatian part of Istria, the biggest peninsula of the Adriatic Sea, slightly hilly to Buje. Enjoy the view over the wine hills to the sea!

### **DAY 6: Buje – Groznanj – Livade - Motovun; (ascent approx. 100 m, descent approx. 350 m / approx. 6 - 7 hours)**

Transfer from Buje to Groznanj. Named the first time in 1102 it is today a meeting point for musicians from all over the world. From Groznanj you hike along the Parenzana – former railway track in Istria – to Livade. A shuttle will take you to Motovun, where you will spend your night. The "Parenzana" railway leads from St. Andrew station (now a railway museum) in Trieste to Poreč (123 kilometres) making it one of Europe's longest narrow gauge railways. Although all tracks were removed, a large part of other railway infrastructure (embankments, cuttings, bridges, viaducts, etc.) survived until today. It is also used as a cycling path connecting 3 countries: Italy, Slovenia and Croatia.

### **DAY 7: Motovun – Vizinada - Porec; (ascent approx. 175 m, descent approx. 175 m / approx. 3 - 4 hours)**

This last hiking day in Istria leads you to Porec. From the distance you will see the Euphrasian Basilica, which has been taken up by UNESCO as a World Cultural Heritage Site and is certainly worth a visit. A tasting glass of wine on one of the places in the historic centre of Porec will remind you of the highlights of your hiking week.

### **DAY 8: Departure**

Individual departure or possibility to extend your stay.

### **GENERAL INFORMATION:**

- **Classification of the tour:** Self-guided tour
- **Duration:** 8 days / 7 nights
- **Starting point:** Trieste
- **Arrival:**  
By car: Over the Tauern motorway to Villach and over the border Arnoldstein to Udine and further on to Trieste.  
By train: Over Salzburg and Villach to Trieste (Trieste centrale). Timetables on: [www.deutschebahn.de](http://www.deutschebahn.de), [www.oebb.at](http://www.oebb.at), [www.trenitalia.com](http://www.trenitalia.com).  
By plane: Low Cost flights to the airport Ronchi dei Legionari or Pula. Good connections by bus (airport-shuttle) from the airport Ronchi dei Legionari to Trieste.
- **Accommodation:** Accommodation in B&B`s and hotels of a 3\*\*\* and partly 4\*\*\*\* category  
Attention: Tourist tax – if requested – has to be paid on the spot.
- **Parking:** Different public car parking or garages.
- **Transfer:** Every Wednesday, Saturday and Sunday transfer with the shuttle bus from Porec to Trieste at a price of € 45.00 per person (has to be reserved and paid upon booking). Minimum 2 persons.
- **Alternative:** Bus connections from Porec to Trieste.

### **INCLUDED SERVICES; SELF-GUIDED TOUR:**

- Accommodation in B&B`s and hotels of a 3\*\*\*, sometimes 4\*\*\*\* category
- Breakfast buffet or full breakfast
- Personal tour information
- Luggage transfer from hotel to hotel
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour

### **NON INCLUDED SERVICES**

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner
- Not mentioned entries
- Travel insurance
- All not expressly mentioned under the item „Included services“

## STARTING DATES 2019

<b>ARRIVAL</b>	every Saturday 06/04/2019 (first available date) until 28/09/2019 (last available date).
<b>NO DEPARTURE POSSIBLE</b>	no start possible from 21/07/2019 to 25/08/2019 (incl.)
<b>NON SCHEDULE ARRIVAL DATES</b>	minimum of 5 persons upon request!

## PRICES 2019

### SELF-GUIDED TOUR

Package price per person in a double room incl. breakfast	€ 598.00
Single room surcharge, per person	€ 149.00
High season* surcharge, per person	€ 49.00

### EXTRA NIGHTS IN TRIESTE (HOTEL 4\*\*\*\*-CATEGORY)

Per person and night in a double room incl. breakfast	€ 74.00
Surcharge single room per night	€ 35.00

### EXTRA NIGHTS IN POREC (HOTEL 3\*\*\*-CATEGORY)

Per person and night in a double room incl. breakfast	€ 65.00
Surcharge single room per night	€ 35.00

### EXTRA NIGHTS IN POREC (HOTEL 4\*\*\*\*-CATEGORY)

Per person and night in a double room incl. breakfast	€ 79.00
Surcharge single room per night	€ 35.00

\*High season: arrival dates from 22/06/2019 to 07/09/2019 (incl.)  
We suggest travel insurance.