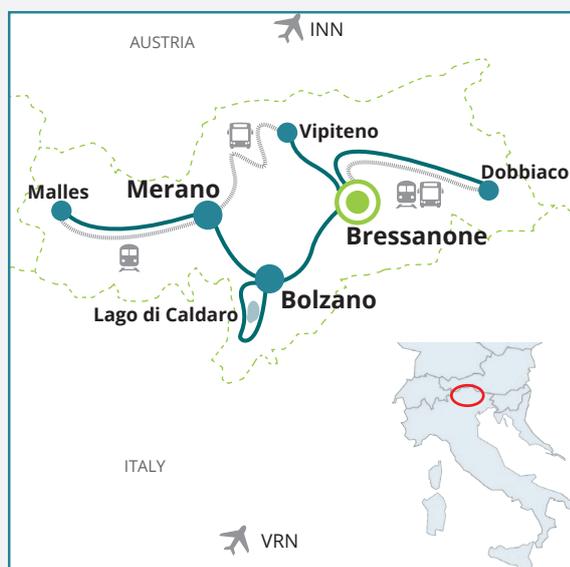




ON THE CYCLE PATHS THROUGH SOUTH TYROL

self-guided tour
8 days / 7 nights

approx. 290 to 315 km



DESCRIPTION

South Tyrol would like to tempt you on a two wheel trip! Whilst travelling along the well-built cycle paths, you will get to know all about this little country, its flair and specialities. The unspoilt nature with its roaring rivers, the mountains and lakes with their legends, customs, and a culture of a country influenced by history, and the South Tyrolean hospitality with its specialities and excellent wines. This bike tour takes you along the cycle paths from eastern Pustertal and the Dolomites to the capital town of Bolzano; to lake Kalterer See, the spa town of Merano and into the Vinschgau Valley. A transfer takes you over the Jaufen Pass and from there you cycle to the town of Vipiteno where you get back and cycle to the Bishop's town of Bressanone, official seat of the Bishop and provincial Diocese of the Catholic Church.

CHARACTERISTICS OF THE ROUTE

An easy tour for everyone! In the last few years, the bike paths in the valleys have been reconstructed and in some cases, newly built. Although South Tyrol is better known for its mountains, you can also find easy bike paths in the valleys without great differences of altitude.

This tour is suitable for families with children over 14 years.

A DAY BY DAY ACCOUNT OF THE ROUTE

DAY 1: Arrival in Brixen/Bressanone

Individual arrival at the hotel in Bressanone.

DAY 2: Brixen/Bressanone – Hochpustertal/Alta Pusteria – Brixen/Bressanone (approx. 65 km)

In the morning transfer from Bressanone to Dobbiaco. Personal tour information and bike delivery. Today's tour takes you along the cycle path past the well-known valley Pragsertal, which stretches to the south. Following the river Rienz, the bike path goes past the Olang Dam and onto the Michael Pacher town of Brunico. Continue on through the Pustertal Valley, pass the Mühlbacher Klause ruins and enter into the Eisack Valley. Shortly before Bressanone, you can visit the Neustift Abbey, and the historical centre in Bressanone is well worth a visit too.

DAY 3: Brixen/Bressanone – Bozen/Bolzano (approx. 40 km)

Starting in Bressanone, you follow the Eisack Valley bike path alongside the River Eisack and cycle through the many vineyards which mainly produce white wine, past the picturesque town of Chiusa which is worth stopping to look at, and onto the capital town of Bolzano. Bolzano itself has much to offer, the arcades, the lawns by the river, a visit to the Ice Man in the Archaeological Museum or sitting and drinking a coffee in one of the many cafes in the town.

DAY 4: Bozen/Bolzano – Eppan/Appiano - Lake Kalterer See – Bozen/Bolzano (approx. 55 km)

Tour in the famous wine growing areas around lake Kalterer See. Passing by Castle Sigmundskron, you first cycle to Appiano, the largest wine growing area in South Tyrol. Appiano has a superb compilation of innumerable castles, manor houses, churches and farms. After Eppan you carry on towards Caldaro. Those who want can take a detour at San Michele to the idyllic Montiggler lakes and have a swim. The village of Caldaro is worth visiting, as well as the Wine Growing Museum. Just past Caldaro you arrive at the lake before turning into the Etsch cycle path back to Bolzano.

DAY 5: Bozen/Bolzano – Meran/Merano (approx. 35 - 45 km)

You leave Bolzano via Sigmundskron Castle and then follow the Wine Road through the orchards. The famous South Tyrolean apples come from this area. The oldest winery in South Tyrol which is situated in Andriano lies on the way. From here you carry on to Terlano, Nalles and then to Lana, which is worth visiting, before arriving in the spa town of Merano. While in Merano, don't forget to visit the Botanical Gardens at Schloss Trauttmansdorff.

DAY 6: Meran/Merano – Mals/Malles - Meran/Merano (approx. 60 km)

The train takes you from Merano to Malles in the Vinschgau Valley. From here you can cycle through the whole valley towards Merano. The first stop is in Glorenza, the smallest town in South Tyrol, and you carry on through the orchards to Prato allo Stelvio, Lasa, Silandro, Naturno and then back to Merano.

DAY 7: Meran/Merano – Jaufenpass – Sterzing/Vipiteno – Brixen/Bressanone (approx. 35 - 50 km)

Transfer from Merano to the Jaufenpass (2,092 m) and then on to Vipiteno. You may cycle also downhill from the top of the Jaufenpass through the countryside and enjoy the wonderful scenery! From Vipiteno you cycle southwards along the cycle path through the Eisack Valley to the former customs checkpoint at Fortezza. Before continuing onto Bressanone, there is enough time to take a bath at lake Vahrner See.

DAY 8: Departure

Individual departure or possibility to extend your stay.

GENERAL INFORMATION:

- **Classification of the cycle-tour:** Self-guided tour

- **Duration:** 8 days / 7 nights

- **Distance:** Approx. 290 - 315 km

- **Starting point:** Brixen/Bressanone

- **Arrival:**

By car: On the Brenner/Brennero motorway (A22) to Brixen/Bressanone or over the Felbertauernstraße to Lienz in Eastern Tyrol (Austria) and then on further through the valley Pustertal/Val Pusteria on the SS49 to Brixen/Bressanone.

By train: Take a train from Innsbruck to Brixen/Bressanone. Arriving from the south over Verona and Bozen/Bolzano to Brixen/Bressanone. Arriving from east over Lienz to Brixen/Bressanone. Timetable available on: www.deutschebahn.de, www.oebb.at, www.trenitalia.com.

By plane: Nearest airports are Innsbruck airport (approx. 83 km), Verona Villafranca airport (approx. 191 km), Treviso airport (approx. 228 km), Venice Marco Polo airport (approx. 313 km).

- **Accommodation:**

Standard: Accommodation in hotels - 3*** and/or 4**** category;

Charme: Chosen hotels of the higher 4**** category

Attention: Tourist tax – if requested – has to be paid on the spot.

- **Parking:** Parking facilities at Brixen/Bressanone at the hotel of your arrival: Hotel garage: approx. € 55.00/week; € 9.00/day; Parking place Residence Gasser: approx. € 18.00/week; Reservation not possible; to be paid directly at the hotel.

- **Rental bikes:**

21-gears women's or men's bicycle

7-gears UNISEX bicycle with back pedal

E-bike (unisex bike, 500 W battery)

INCLUDED SERVICES; SELF-GUIDED TOUR:

- Accommodation in hotels of the chosen category
- Breakfast buffet or full breakfast
- If you have booked half board, minimum of 3 course evening meal (the Charme variant does not allow the booking of half board)
- Personal tour information
- Luggage transfer from hotel to hotel
- All transfers according to the programme: Bressanone – Alta Pusteria, Merano – Malles, Merano – Jaufenpass – Vipiteno
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the entire tour

NON INCLUDED SERVICES

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch, Dinner (if not booked halfboard)
- Not mentioned entries
- Rental bikes and Travel insurance
- All not expressly mentioned under the item „Included services“

STARTING DATES 2019

ARRIVAL	every Wednesday and Sunday 14/04/2019 (first available date) to 29/09/2019 (last available date)
NON SCHEDULE ARRIVAL DATES	minimum of 5 persons upon request!

PRICES 2019

SELF-GUIDED TOUR - STANDARD

Package price per person in a double room incl. breakfast – arrival day 14/04/2019	€ 599.00
Package price per person in a double room incl. breakfast	€ 719.00
Single room surcharge, per person	€ 149.00
Half board surcharge, per person	€ 145.00
High season* surcharge, per person	€ 49.00

SELF-GUIDED TOUR - CHARME

Package price per person in a double room incl. breakfast	€ 1.078.00
Single room surcharge, per person	€ 269.00
High season* surcharge, per person	€ 65.00

ADDITIONAL SERVICES

Rental bike € 75.00

E-bike € 165.00

EXTRA NIGHTS IN BRIXEN - STANDARD

Per person and night in a double room incl. breakfast	€ 69.00
Surcharge single room, per night	€ 15.00

EXTRA NIGHTS IN BRIXEN - CHARME

Per person and night in a double room incl. breakfast	€ 109.00
Surcharge single room, per night	€ 30.00

*High season: arrival dates from 07/07/2019 to 29/09/2019 (incl.).
We suggest travel insurance.